

The
most important
ingredient:

**Academy
Membership**

MEMBER
BENEFITS
GUIDE 2014–2015

AN EXCITING NEW TOOL FOR YOU



The Academy is excited to introduce you to a revolutionary new tool that is being launched this year—the **Academy of Nutrition and Dietetics Health Informatics Infrastructure (ANDHII)**.

This great new online tool, available free to Academy members, is designed specifically for dietetics practitioners to record, monitor and report patient outcomes. Using the International Dietetics and Nutrition Terminology Matrix to anticipate terms, ANDHII guides members through each step of the Nutrition Care Process, collecting nutrition care impact data for use in public policy and quality improvement research. While this is a complex tool, it is amazingly easy to use. The Academy’s Board of Directors were blown away when we saw what ANDHII could do during our Spring 2013 meeting, and I know you will be blown away when you use ANDHII too!

In addition to helping advance the dietetics profession, ANDHII will assist dietetics practitioners and workplaces in demonstrating their impact on patients and clients. ANDHII’s chart and report builders allow members to instantly create graphs and spreadsheets that display changes in patient and client outcomes over time alongside dietary intake information and nutrition interventions. Moreover, ANDHII will provide customizable visit reports that translate data into easy-to-read progress notes that save valuable time.

New and innovative tools such as ANDHII make me proud to serve as the Academy’s 2014–2015 President. We will continue to work every day to grow the resources and tools that empower dietetics practitioners to be the nation’s leaders in food and nutrition.

And, there’s more! This booklet provides an overview of the Academy’s many additional products, programs and services. Take a look; discover what we have to offer you.

Our best,

A handwritten signature in black ink that reads "Sonja L. Connor". The signature is fluid and cursive.

Sonja L. Connor, MS, RDN, LD

President, 2014–2015, Academy of Nutrition and Dietetics

A stack of three red books is positioned on the left side of the image. To the right, a white computer keyboard is visible, showing keys such as 'esc', 'F1', 'F2', '1', '2', 'Q', 'W', 'A', 'S', 'Z', 'X', and 'fn'. The keyboard is partially obscured by a white rounded rectangular box containing the title text.

PUBLICATION, CAREER AND PRACTICE RESOURCES

The Academy supports your career through a variety of scientific and practical information resources as well as the latest peer-reviewed and practice-related professional materials. In addition, members receive preferred pricing on print, electronic and web-based resources for all career stages.

Publications and Electronic Newsletters

Books and Resources The Academy offers an array of peer-reviewed and practice-related professional materials as well as client and consumer education publications. Preferred member pricing on print and electronic formats make these publications available throughout every stage in your career.

Journal of the Academy of Nutrition and Dietetics

The Academy's flagship publication is the premier source for information on the practice and science of food, nutrition and dietetics. The monthly, peer-reviewed *Journal* presents original articles prepared

by researchers and practitioners, offers free continuing professional education (CPE) opportunities and is the most widely read professional publication in the field. Members can access web-based archives dating back to 1993 as well as exclusive online material, including Topic Collections, supplemental figures and tables, PowerPoint slides for selected articles and audio and video podcasts.

Food & Nutrition Magazine The Academy's award-winning magazine emphasizes breaking news and trends in nutrition, diet and health, culinary arts and food service, sports nutrition and fitness, integrative nutrition, food safety and other professional topics. Mailed bi-monthly and available online, *Food & Nutrition* also delivers practice tips, resources for professional and personal growth, CPE opportunities, Academy news and more.

Daily News This daily e-mail provides a quick review of the nation's leading food, nutrition and health headlines. With links to articles, the *Daily News* is easy to read and use.

Eat Right Weekly A weekly e-newsletter providing members with ready access to career resources, research briefs, CPE opportunities, Academy updates, policy and advocacy issues and a variety of other news.

MNT Provider This monthly newsletter is one of the Academy's essential Medical Nutrition Therapy (MNT) resources and is designed to help members understand the complexities of coverage and reimbursement for nutrition services. The MNT contains timely articles, analysis and advice on key aspects of practice and business strategies.

Career Resources

2013 Compensation & Benefits Survey of the Dietetics Profession A comprehensive electronic report detailing compensation for dozens of core RDN and DTR jobs, segmented by region, education, experience, supervisory responsibility and much more. The interactive salary calculation tool offers users an estimate of what practitioners with similar characteristics and in similar situations earn. This essential resource is free to members.

Dietetics Career Development Guide Developed by the Council on Future Practice with input from members and non-members, this guide outlines multiple pathways for individuals on how to enter the field of dietetics, including those who train in a related field and then enter the dietetics profession by obtaining additional experience.

EatRightCareers This online job service allows you to post your résumé, target your search by specialty or geographic location, respond directly to employer job listings and receive e-mail alerts about new positions—all for free. When recruiting practitioners for your own organization you will receive member-preferred pricing.

eMentoring This online system is designed to match Academy mentors to mentees easily and accurately, while flexibly fitting around their unique schedules and communication styles. Free CPE is available for both mentors and mentees.

Online Marketing Center The Academy developed this online toolkit to provide you with the resources needed to market yourself. It includes communication tips, ready-to-use presentations, Eat Right tip videos for your website, radio scripts, free stock photography, downloadable promotion flyers, information on enhancing your online presence and much more.

Scholarships and Grants Through the Academy Foundation, members have access to a variety of scholarships and grants, including more than \$500,000 to qualifying dietetics students at all levels of study, \$50,000 in awards to educators and established dietetics practitioners and \$150,000 in research grants. Additional grant opportunities and resources are also available through Kids Eat Right.

Practice Resources

Academy of Nutrition and Dietetics Health Informatics Infrastructure (ANDHII) This online tool is designed to guide dietetics practitioners through each step of the Nutrition Care Process while building a national quality improvement database with patient outcomes. In addition, it offers dietetics practitioners customizable charts, reports and visit summaries.

Code of Ethics for the Profession of Dietetics

This code was developed by the Academy and the Commission on Dietetic Registration to provide guidance to all members on their conduct.

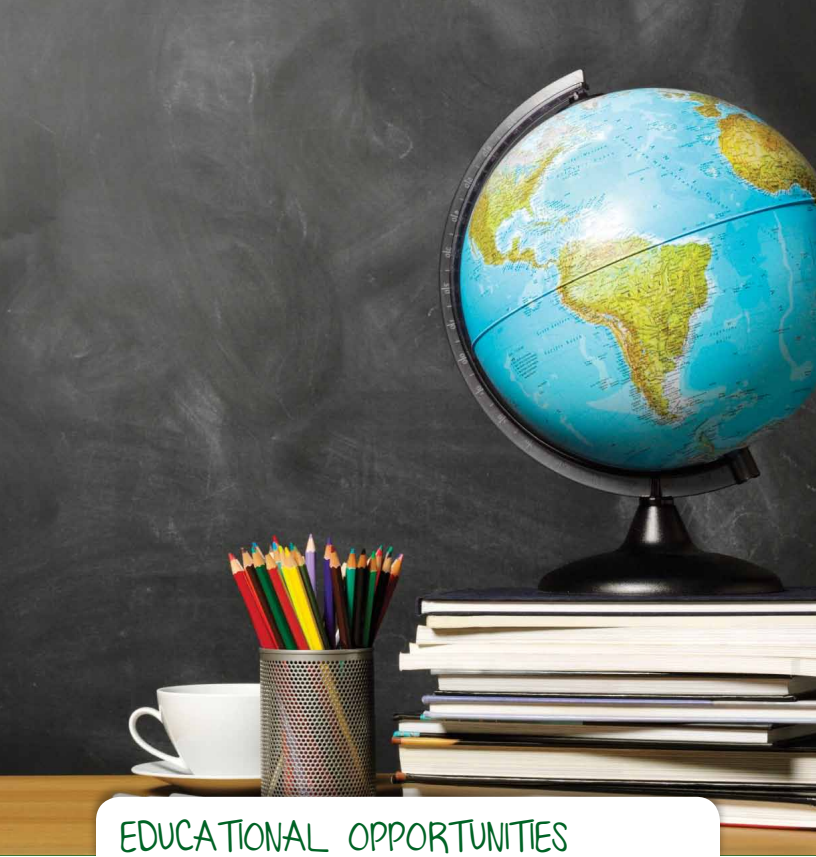
Home Food Safety® Program This collaborative program between the Academy and ConAgra Foods offers consumers, educators and Academy members alike a variety of online resources to help reduce the risk of foodborne illnesses in the home. This program includes quizzes, downloadable tip sheets and the free *Is My Food Safe?* app.

Nutrition Care Manual® (NCM®) Created and peer-reviewed by specialty experts, this web-based diet and professional practice manual gives you access to research and evidence-based nutrition information on more than 120 diseases and conditions. *NCM* may be purchased by annual subscription with preferred pricing for Academy members.

Pediatric Nutrition Care Manual® (PNCM®) A web-based manual with more than 40 major topics, including normal nutrition for all pediatric life stages, food allergies, nutrition support, neonatal care, developmental disabilities and weight management. It provides you with access to pediatric-specific evidence and knowledge-based nutrition information. *PNCM* may be purchased by annual subscription with preferred pricing for Academy members.

Sports Nutrition Care Manual® (SNCM®) A web-based manual that provides sports nutrition and advice. *SNCM* may be purchased by annual subscription with preferred pricing for Academy members.

Position and Practice Papers Familiarize yourself with the Academy's stance on issues that affect the nutritional status of the public. Position papers consist of a position statement, an abstract and a supporting paper, all of which are based on sound scientific data. Practice papers are evaluative summaries of scientific information and/or practical applications that address member-identified practice topics. You can access both free resources online or in the *Journal of the Academy of Nutrition and Dietetics*.



EDUCATIONAL OPPORTUNITIES

The Academy offers an impressive array of resources to cultivate your skills through multi-disciplinary learning opportunities and enhanced technology. Select from a variety of free and member-preferred pricing resources to best fit your professional development needs. These resources include distance learning (individual or group), certificates of training, face-to-face learning and the Continuing Professional Education Toolkit.

Distance Learning Learn at your own pace and convenience. The Center for Professional Development offers a number of online certificate of training programs and webinars as well as group and self-study options.

Food & Nutrition Conference & Expo™ (FNCE®)
The Academy's annual convention is the world's largest educational program and exhibition for food and nutrition professionals. Join us in Atlanta, Georgia,

and enjoy reduced registration rates, earn a minimum of 21 hours of CPE, build professional relationships, mingle with colleagues and browse the latest products and services. The 2014 FNCE will feature over 130 educational sessions on the hottest topics, including obesity, alternative medicine, culinary trends, life-cycle nutrition, cultural competencies and medical nutrition therapy. Synchronized recordings of the sessions are available for viewing for both group and individual learning in the online conference library three weeks after FNCE.

- 2014: Atlanta, Georgia | October 18–21
- 2015: Nashville, Tennessee | October 3–6

Journal CPE Take advantage of 48 or more free CPE credits annually in the *Journal of the Academy of Nutrition and Dietetics*. Access quizzes online and automatically move the CPE to your Professional Development Portfolio.

Professional Skills Review This online testing tool has links to current research articles and professional content, plus more than 650 multiple-choice questions to help you assess your professional competence. In addition, dietetics practitioners can earn up to 25 CPE credits by successfully completing each of the assessment exams. Preferred pricing is available for members.

Student Exam Prep (StEP) A resource for students, educators and preceptors, StEP offers testing preparation for the national exam. Individual and group pricing is available with reduced costs for Academy members.



POLICY INITIATIVES AND ADVOCACY

The Academy's office in Washington, D.C., advocates for better nutrition policies, represents your interests in legislative and regulatory issues and promotes you as the leading source of food and nutrition information.

Academy of Nutrition and Dietetics Political Action Committee (ANDPAC) Among health care political action committees, ANPAC is the only one dedicated exclusively to food, nutrition and health issues. Funded entirely by voluntary contributions from Academy members, ANDPAC is a non-partisan entity that supports pro-nutrition candidates for federal office. In addition, it provides the Academy the ability to work with candidates and Congress to advance the Academy's public policy priorities and raise our members' profiles.

Enhancing Your Voice in State Capitols The Academy works closely with state affiliates and state public policy panels to coordinate legislative and regulatory strategy on a variety of timely issues. These issues include consumer protection and state licensure, implementation of health care reform and enhanced coverage for RDN-provided nutrition care services.

Education and Training Academy membership gives you access to educational webinars, conference calls and issue briefs on public policy issues. These educational materials provide the information you need to speak confidently about cutting-edge public policy issues (including Medicare reimbursement), the appropriations process and how various legislation affects you and the people you serve. You can also access tools and trainings to help you effectively communicate with elected officials about the policy issues that matter most to you.

Policy Initiatives and Advocacy (PIA) The Academy's PIA team provides a link between you, Congress and government agencies. Public policy teams in both the state affiliates and dietetic practice groups are in place to discuss current and upcoming policy issues specific to your area of expertise. The PIA team, in close coordination with these policy networks, elevates discussions and develops strategies to make significant changes to legislative and regulatory policy.

Public Policy Workshop (PPW) Join hundreds of Academy members every spring and gain nutrition leadership and communication skills, expand your professional connection with leaders in the field and talk face-to-face with your Congressional representatives about issues that matter most to you. Enhance your advocacy skills and learn about key legislative and regulatory issues affecting the profession when you participate in this intensive professional development program.



PRACTICE, SCIENCE AND QUALITY

The Academy is committed to advancing the profession of dietetics through research, science and quality.

Dietetics Practice-Based Research Network (DPBRN)

Make your practice part of meaningful dietetics research. This network brings practitioners and researchers together to identify and design research for real-world practice settings. DPBRN is open to all Academy members and no research experience is required to join.

Evidence Analysis Library® (EAL®) The Academy developed this web-based tool to provide members with research, evidence-based nutrition practice guidelines, toolkits and educator modules. The EAL is a user-friendly database that Academy members can access for free.

Nutrition Care Process The Nutrition Care Process is a standardized model intended to guide practitioners in providing high quality nutrition care. The *International Dietetics and Nutrition Terminology (IDNT) Reference Manual*, a comprehensive dictionary of terms and application resources, is available online with preferred pricing for Academy members.

Nutrition Service Measures The Academy advocates for members' collection of outcome measures data to impact food and nutrition services quality, performance improvement and safety in all practice settings. Evidence-based guidelines and toolkits provide resources for patient/client-focused care to meet government regulations, program accreditation requirements and organization facility policies.

Quality Management Quality Management represents the profession of nutrition and dietetics and the RDN and DTR credentials to accreditation organizations and national quality associations. Quality Management assists practitioners with quality assurance and performance improvement initiatives and monitors national quality organizations to identify opportunities for RDNs to incorporate national quality strategy into their practices.

Scope of Practice The Scope of Practice encompasses the range of roles, activities and regulations that nutrition and dietetics practitioners perform. The *Comprehensive Scope of Practice Resource for the Registered Dietitian* and the *Comprehensive Scope of Practice Resource for the Dietetic Technician, Registered* are all-inclusive documents that describe the skills, education, training and knowledge that RDNs and DTRs need to acquire for the purpose of providing quality nutrition and dietetics care. These detailed resources also describe the services RDNs and DTRs perform and include materials such as the Definition of Terms and the online, interactive Scope of Practice Decision Tool.

Standards of Practice and Standards of Professional

Performance (SOP/SOPP) As part of the Comprehensive Resource, SOP in Nutrition Care and SOPP are used by the RDN and DTR to assess their individual performance. Over 14 focus area SOP/SOPP have been developed for the RDN that describe quality indicators for competent, proficient and expert-level RDN practice.

NETWORKING

The Academy is an active community of professionals sharing knowledge, skills and ideas. Get ahead by connecting with practitioners in your specialty area or from other food and nutrition fields.

Affiliates of the Academy of Nutrition and Dietetics Your state-level association sponsors local education programs, networking opportunities, scholarship fundraising efforts and more. Membership in your local affiliate is included in your Academy membership.

Dietetic Practice Groups (DPG) Join one or more of the Academy's professional interest groups and enhance your specialized knowledge, share practice tips and establish relationships with colleagues from all over the world.

House of Delegates (HOD) As the voice of Academy members, the HOD governs the profession and develops policy on major professional issues. Academy members support their delegate by providing input on issues being discussed by the HOD as well as by identifying trends and issues affecting the profession.

Member Interest Groups (MIG) Find members with common interests, issues or backgrounds by joining one of the Academy's MIGs focusing on areas other than practice or geographic location.

Social Networking

Dietetics and Student Communities These interactive web-based meeting places allow members to share ideas and practice tips, join discussions and exchange articles of interest with colleagues from across the globe.

Nutrition Informatics Blog Stay abreast of the rapidly changing environment of digital data and how it is reshaping nutrition and health care.

Social Communities Get updates in your favorite format and join the conversation by becoming a part of the Academy's social network. "Like" one of our Facebook pages, follow us on Twitter, join our group on LinkedIn or subscribe to our new EatRightTV and EatRightTVPro YouTube channels.

BRANDING YOUR SERVICES

The Academy provides a number of resources and programs designed to promote the RDN brand in the marketplace. Position yourself as the food and nutrition expert to a wide variety of audiences— from the public and media to government agencies and Congress.

Find a Registered Dietitian The Academy's online referral service is free for Active category members representing their own private practice, group practice or employer. Consumers and businesses search this site often to connect with members who provide expertise in food and nutrition.

Kids Eat Right This member-driven campaign is dedicated to ensuring that sound nutrition recommendations are part of childhood obesity prevention efforts. Get involved by becoming a Kids Eat Right member and utilize ready-made education materials, resources and presentations designed for both child and adult audiences.

National Nutrition Month® (NNM®) and Registered Dietitian Day Highlight your expertise and spread the word about the importance of developing healthy eating habits during National Nutrition Month in March. Also, on the second Wednesday of March, Registered Dietitian Day recognizes RDNs for their commitment to helping people enjoy healthy lives.

Nutrition Services Coverage The Academy represents members in conversations with third party payers related to expanding coverage of MNT services including the American Medical Association's committee that develops and values codes for services. Members can use the Academy's Medical Nutrition Therapy MNTWorks® Kit and Third Party Payer brochure in their local advocacy efforts.



HONOR AND AWARDS

The Academy offers a variety of programs in recognition of the service and dedication of members to the dietetics profession.

Fellow of the Academy of Nutrition and Dietetics (FAND) The Academy's new member recognition program acknowledges your professional accomplishments, valuable service to the profession and public and pursuit of life-long learning. By earning the right to include the initials FAND among your credentials, you let colleagues, clients and the public know that you have been welcomed as a Fellow into the world's largest organization of food and nutrition professionals.

National Honors and Awards The Academy honors outstanding food and nutrition practitioners and supporters of the profession who have exhibited leadership, advanced the dietetics profession and shown devotion to serving others in both dietetics and allied fields. Academy honors and awards include Honorary Membership, Medallion Awards and the Excellence in Practice Awards.

National Awards Selected by Affiliate and Academy Groups

- Recognized Young Dietitians of the Year
- Recognized Dietetic Technicians of the Year
- Outstanding Dietetics Student Awards
- Outstanding Dietetics Educator Awards
- Outstanding Dietitian of the Year
- Emerging Dietetics Leader Awards

ADDITIONAL MEMBER BENEFITS

Take advantage of even more benefits, such as discounts on professional resources and insurance.

EatRight³ The powerful new way to hear from other organizations offering products, samples and services that allow you to stay on top of the dietetics field. You can opt in, based on your preferences, to receive relevant, Academy-reviewed e-mails that address the practice needs of members.

Corporate Relations Sponsorship To help achieve the Academy's mission—empowering members to be the nation's food and nutrition leaders—the Academy's sponsorship program allows for purposeful collaboration with industry. With the goal of building awareness of the Academy and its members as well as sharing science-based information and new research, our corporate relations sponsorships enable the Academy to reach millions of consumers with healthy eating messages.

Academy Credit Card Apply for the new Academy ATIRAccredit™ MasterCard® and take advantage of low, competitive interest rates, personalized PhotoCards and rewards points. Card subject to approval.

Auto, Home and Renters Insurance Take advantage of Liberty Mutual's program for auto, home and renters insurance.

Long-Term Care Insurance Administered by Marsh, a service of Seabury & Smith, long-term care insurance refers to the many services beyond medical and nursing care used by people who have disabilities or chronic illness. Preferred pricing is available for members.

Pet Insurance Protect your pet with VPI Pet Insurance. You receive preferred member pricing as well as additional discounts for multiple pets.

Professional Liability Insurance protection against claims arising from real or alleged errors or omissions in the course of your professional duties is available at reduced member rates. Administered by Marsh, a service of Seabury & Smith, professional liability insurance is available for private practice or traditional employment.

Shop Online Get preferred member pricing when you shop this comprehensive resource for the latest peer-reviewed and practice-related professional materials as well as an array of client and consumer education publications.

KEY CONTACT INFORMATION

Academy of Nutrition and Dietetics Foundation The Academy Foundation is the philanthropic arm of the Academy and the only 501(c)3 charity dedicated to nutrition and dietetics. Focusing on four key initiatives—food and nutrition research, scholarships, awards and public education related to Kids Eat Right—the Foundation is dedicated to advancing public health and nutrition by utilizing the expertise of registered dietitian nutritionists. Visit www.eatright.org/foundation for more information.

Accreditation Council for Education in Nutrition and Dietetics ACEND is the Academy's accrediting agency for education programs preparing students for careers as RDs or DTRs. Visit www.eatright.org/ACEND for more information.

Commission on Dietetic Registration CDR is the credentialing agency for the Academy with sole and independent authority in all matters pertaining to certification, including but not limited to standard setting, establishment of fees, finances and administration. CDR also offers Board Certified Specialist credentials in a number of specialties. Visit www.cdrnet.org for more information.

Knowledge Center Your source for information and resources on food, nutrition and dietetics-related topics. Send your questions to our staff RDs at knowledge@eatright.org or call **800/877-1600, ext. 4853 or 4784**.

Member-Only Website This secure site is constantly growing and home to the majority of your member benefits. Log in at www.eatright.org and enter your member ID/username and password.

Member Service Center Prompt, courteous and professional staff are here to assist you. Representatives are available weekdays from 8 a.m. – 5 p.m., Central time at **800/877-1600, ext. 5000**.

- General questions can be directed to membership@eatright.org.
- International callers can reach us at 312/899-0040, ext. 5000.



The Academy of Nutrition and Dietetics is the world's largest organization of food and nutrition professionals. The Academy is committed to improving the nation's health and advancing the profession of dietetics through research, education and advocacy.



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