



Nutrition Focused Physical Exam (NFPE) Hands-On Training Workshop

Trainer Information and Application for Adult and Pediatric Populations

Information on the Workshop

- The NFPE Hands-On Training is a one-day workshop for registered dietitian nutritionists (RDNs). The NFPE workshop provides RDN participants with 10 CEUs. The NFPE trainers travel to a medical facility in various regions across the country to provide the NFPE Hands-On Training Workshop for RDNs. The NFPE Hands-On Training Workshop consists of 2- 4 trainers depending on the number of RDN registered participants to maintain a 1:6 trainer to RDN participant ratio. The minimum number of RDN participants per workshop is 12 and the maximum is 24.
- The workshop includes:
 - Pre-workshop – Participants review articles and materials
 - Workshop Day – Multiple resources are provided to each RDN participant: presentations; trainer demonstrations; interactive sessions for RDN participants to practice non-invasive NFPE skills on fellow RDNs and trainers; patient rounds (if approved at host facility); NFPE Skills Assessment Evaluation
 - Post-workshop – Participants invited to weekly 30-minute phone call with Academy dietitian for ongoing support; electronic communication forum (Academy's portal) for workshop participants to send and view questions and/or share NFPE experiences, along with being provided other resources.

As a trainer, the responsibilities include:

- Participation in a 1 hour conference call with the other trainers prior to the workshop to review the workshop information/details
- Review the NFPE presentations and materials to familiarize yourself with the information
- Travel to location the night before the workshop, depending on distance
- NFPE Workshop Day is 7:30am-4:30pm
- Trainer roles
 - *Lead trainer(s)*
 - 1-2 per workshop
 - Presents workshop PowerPoint
 - Conducts hands-on demonstrations for RDNs
 - Conducts hands-on breakout sessions in small group (6 RDNs)
 - Conducts NFPE patient rounds in small group (6 RDNs)
 - Completes NFPE Skills Assessment for each RDN participant
 - Distributes and collects Pre-/Post- Workshop Assessment and NFPE Workshop Evaluation
 - *Co-trainer(s)*

- 1-2 per workshop
- Conducts hands-on breakout sessions in small group (6 RDNs)
- Conducts NFPE patient rounds in small group (6 RDNs)
- Completes NFPE Skills Assessment for each RDN participant
- Distributes and collects Pre-/Post- Workshop Assessment and NFPE Workshop Evaluation
 - Most trainers will begin as co-trainers and may advance to the lead trainer role as needed and at the discretion of the Academy.
- Travel home after the workshop on the same day.

Criteria for being an NFPE Hands-On Training Workshop Trainer

- Registered Dietitian (RD)/Registered Dietitian Nutritionist (RDN) with at least 2 years of clinical dietetics experience
- At least 2 years of experience performing NFPE
- Member of the Academy of Nutrition and Dietetics
- Available to travel to various workshop sites around the country during the calendar year (minimum of 2)
- Complete pre-workshop exercises and successfully pass the post-assessment
- Participate in a NFPE Hands-On Training Workshop as an observer
- Provide CV/Resume
- Provide list of references (minimum of 2) to confirm NFPE experience/expertise

Additional Trainer Details

- Honorarium will be provided to the trainer, along with reimbursement for travel expenses, food, and lodging.
- Receive 1 complimentary copy of the NFPE Pocket Guide. Trainer will be responsible for bringing this to all assigned workshops.
- This is an Academy of Nutrition and Dietetics contract position. Trainers are offered workshop assignments based on a number of factors including scheduling needs. Being accepted as a trainer does not guarantee assignment to any workshop.
- Workshop dates and locations will vary. Trainers are not required to accept every workshop assignment that is offered; however, all trainers must deliver at least two (2) workshops per calendar year.

Questions can be emailed to nfpe@eatright.org



NFPE Hands-On Training Workshop Trainer Application

(For Adult and/or Pediatric Trainer)

Name: _____

Degrees/Credentials: _____

Email Address: _____

Primary Phone Number: _____

Academy Member: Yes No **Academy/CDR Number:** _____

Professional Organization Affiliations (i.e. Academy of Nutrition & Dietetics, DPGs, ASPEN, etc.):

Employer Name: _____

Position/Title: _____

Employer Address: _____

City: _____ **State:** _____ **Zip Code:** _____

Home Address: _____

City: _____ **State:** _____ **Zip Code:** _____

Number of Years as RD/RDN: _____

Please describe any teaching/mentoring experience (not specific to NFPE):

Please list or describe any NFPE Training in which you have participated (i.e. workshops attended, etc.):

Number of years of experience performing NFPE: _____

Please describe your NFPE teaching/mentoring experience:

Please explain why you are interested in being a NFPE trainer:

Interested in being a NFPE Workshop Trainer for:

Adults

Pediatrics

Both Adults/Pediatrics

****Please attach your CV or resume, along with a list of references and their contact information (minimum of 2).**

Signature: _____ **Date:** _____

Please email completed application form to nfpe@eatright.org.